

THE INTERNATIONAL
AD**PTION**
CENTRE

Education & Information

*An in-depth educational seminar for
parents adopting internationally*

*Preparing your
hearts and your
lives for your
new child*

The goal of this educational seminar is to provide a framework for the next stage of your adoption process – preparing for an effective transition for you and your new child; learning to cope with potential adjustment difficulties that your child may experience; and, understanding the future needs of your child. In addition to the presented material there will be video tapes on adoption, a presentation by adoptive parents and adult adoptees, as well as interactive group sessions.

For seminar reviews, visit www.whatisadoption.com

The Presenter: Sofie Stergianis is a private adoption practitioner who has worked in the adoption field since 1983. She has a Bachelors of Arts Degree in Psychology and a Masters Degree in Social Work. Sofie started her career as a birth parent counsellor and for the past number of years has been working with adoptive parents completing homestudies and providing pre and post placement services. Sofie specializes in international adoption. She has toured orphanages internationally, has been an active Board member of a number of adoption organizations, and has been a guest speaker at a number of adoption seminars and workshops. Sofie is the co-author of the recently published children's book entitled "What is Adoption? Helping non-adopted children understand adoption". As well, Sofie and her husband are parents through adoption.

To register or for information on upcoming dates call (416) 483-0003

www.whatisadoption.com

Course Content

- The process involved in adopting internationally – pre and post placement
- Preparing for adoption and travel – emotional considerations, dealing with family and friends, positive adoption language, beginning a "Life Book"
- Infertility – does the pain ever totally go away?
- Meeting your child, the flight back, and suggestions of what not to do when you return
- Adjustment considerations: food, bath, language, sleeping, etc.
- Medical issues & child development – is my child "normal"?
- Attachment & Bonding – adjustment of older children
- Preparing for being "different" – issues related to mixed racial adoptions
- Growing up adopted – talking about adoption with your child



Agenda: Breakfast Items: 8:30 a.m.
Program: 9:00 a.m. – 4:30 p.m.
Lunch served at noon

Registration Fee:
\$350.00 *per couple + GST**
\$215.00 *single registrant + GST**

Includes the following:

- educational seminar
- binder of hand-outs, articles, and take-home exercises
- continental breakfast
- lunch & refreshments

Location: TO BE ANNOUNCED

The course location will be provided at the time of registration. Course locations are easily accessible and located in the Toronto area.

How to Register:

Please contact the presenter, Sofie Stergianis, to obtain a registration form (see contact information below).

Dates:

Course dates available throughout the year

THE INTERNATIONAL
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An organization committed to providing education in international adoption

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